

# *“Keeping Covenants Brings Blessings”*

## Picture Quotes

There are many blessings that come from making and keeping covenants in the House of the Lord. I created this file in an effort to teach about some of those individual blessings. I have listed twelve to make it easier to share these within a year’s time, but there are many more.

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All text and photos can be found on the website for the Church of Jesus Christ of Latter-day Saints. Feel free to print these pages for personal, home, or church use.

For more information on the beliefs of the Church please visit:  
[www.churchofjesuschrist.org](http://www.churchofjesuschrist.org)

**PLEASE NOTE:**

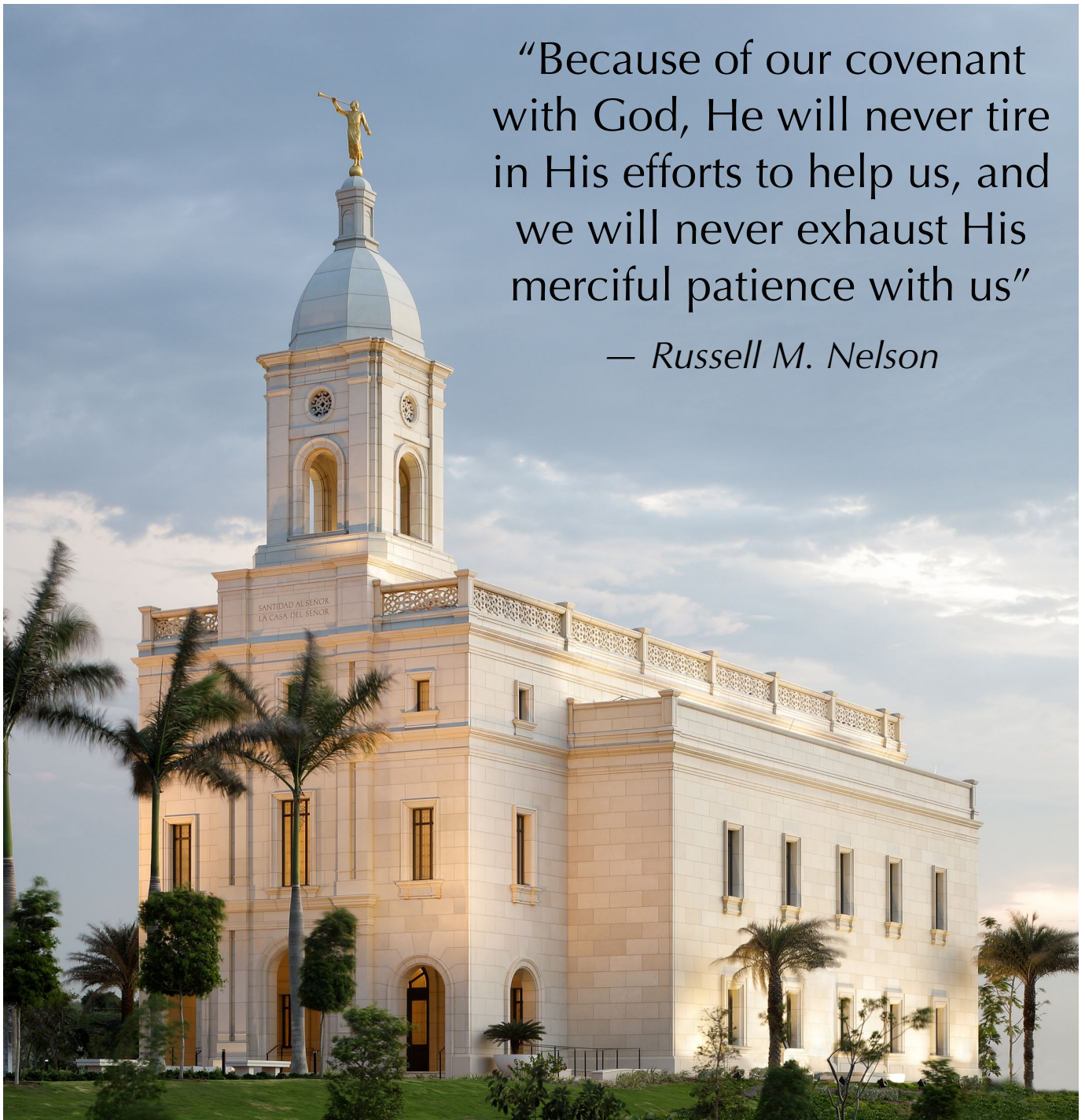
This document is Letter Size (8.5”x11”).

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## A CLOSER RELATIONSHIP WITH GOD

“Because of our covenant with God, He will never tire in His efforts to help us, and we will never exhaust His merciful patience with us”

— *Russell M. Nelson*

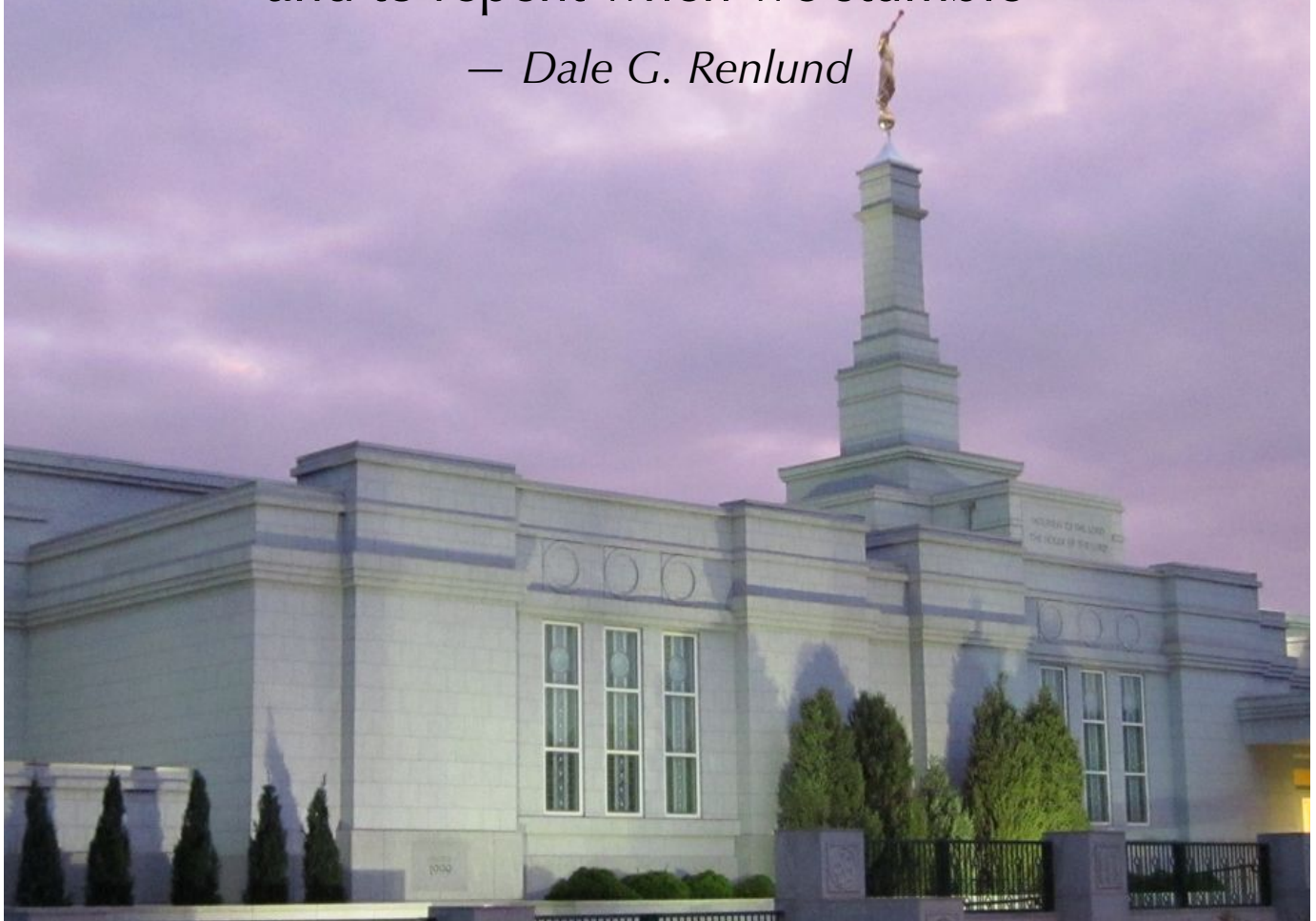


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## HELP WALKING THE COVENANT PATH

“Through this covenant bond, we have access to His eternal power.... We receive direction for our lives....We receive increased capacity to fulfill our purposes in mortality. We are protected from evil, and we gain greater power to resist temptation and to repent when we stumble”

— Dale G. Renlund



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## INCREASED FAITH IN JESUS CHRIST

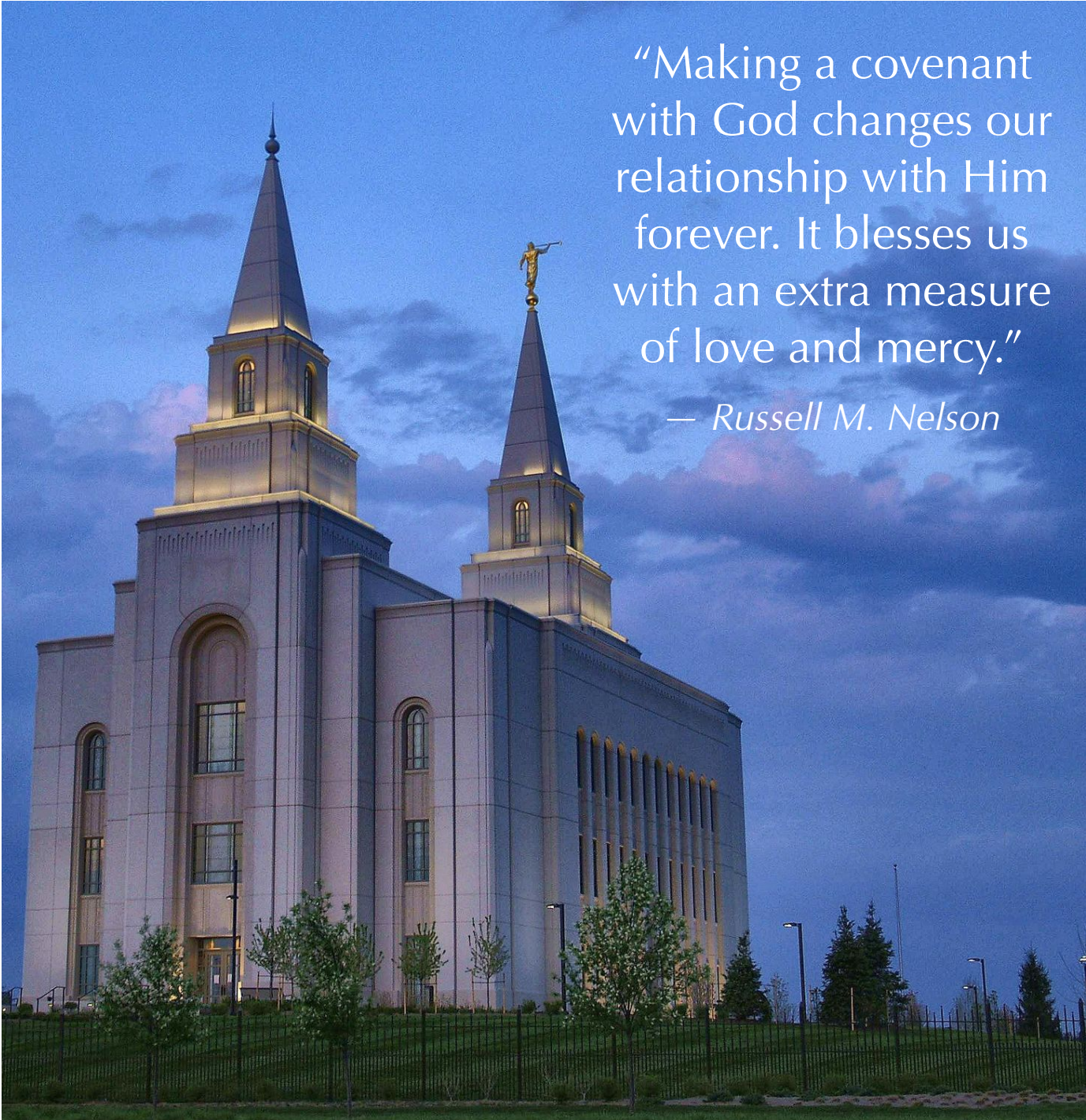


“We...increase the Savior’s power in our lives when we make sacred covenants and keep those covenants with precision. Our covenants bind us to Him and give us godly power”

— *Russell M. Nelson*

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## GREATER MERCY

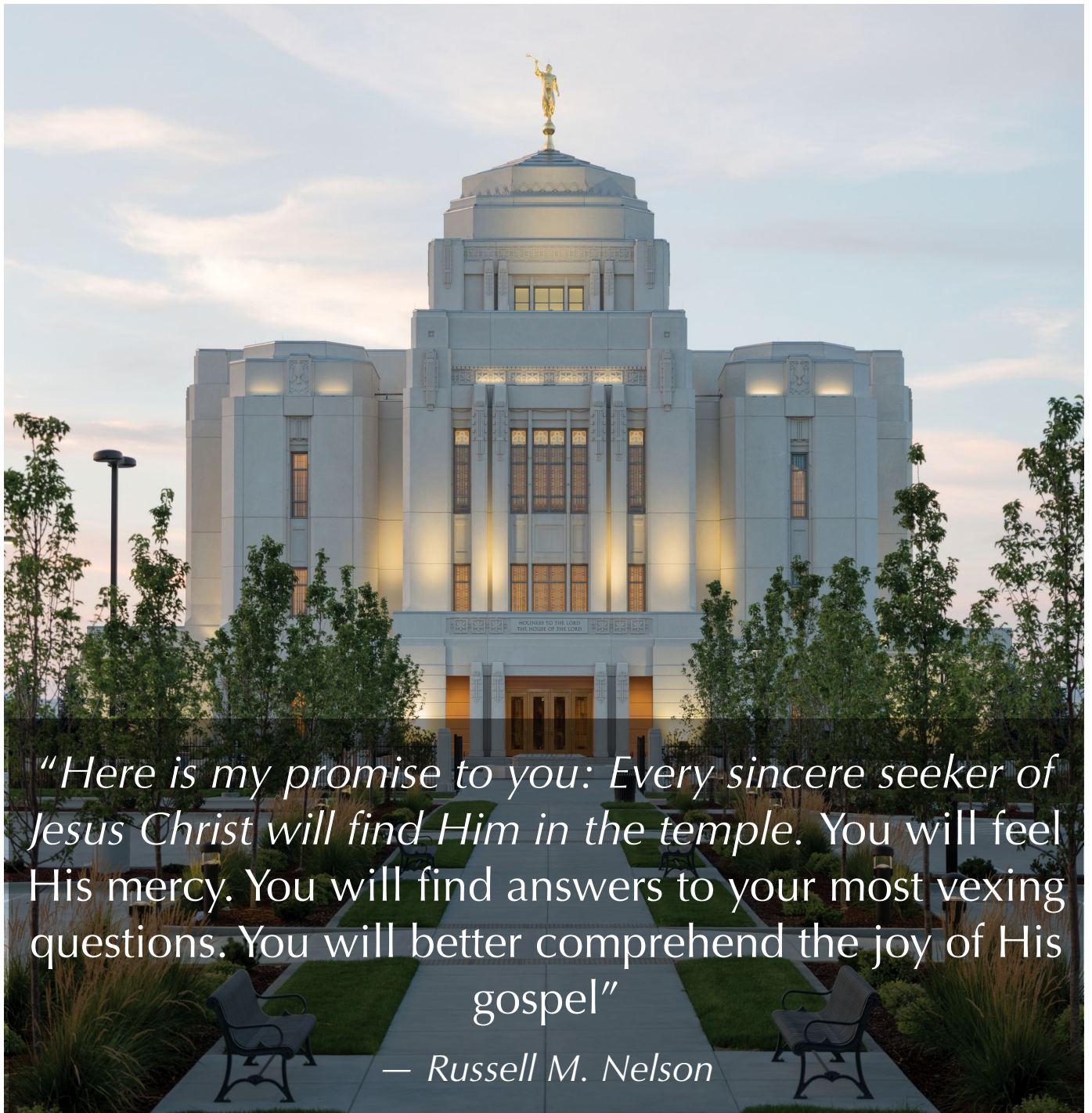


“Making a covenant with God changes our relationship with Him forever. It blesses us with an extra measure of love and mercy.”

— *Russell M. Nelson*

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## GREATER JOY



*“Here is my promise to you: Every sincere seeker of Jesus Christ will find Him in the temple. You will feel His mercy. You will find answers to your most vexing questions. You will better comprehend the joy of His gospel”*

*— Russell M. Nelson*

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## DEEPER LOVE

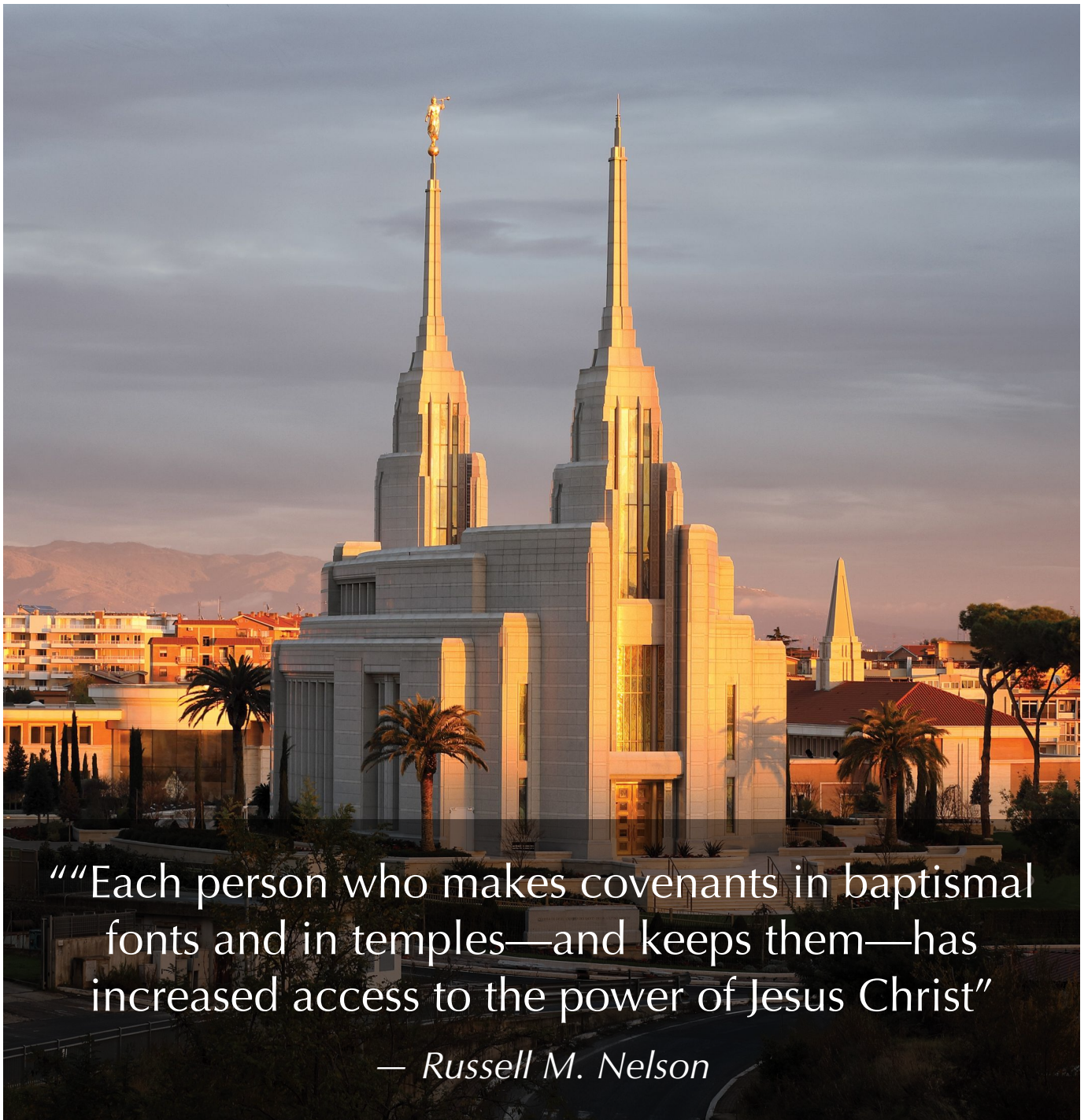
“God has a special love for each person who makes a covenant with Him in the waters of baptism. And that divine love deepens as additional covenants are made and faithfully kept”

— *Russell M. Nelson*



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## INCREASED POWER



““Each person who makes covenants in baptismal fonts and in temples—and keeps them—has increased access to the power of Jesus Christ”

— *Russell M. Nelson*

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## **GREATER STRENGTH**

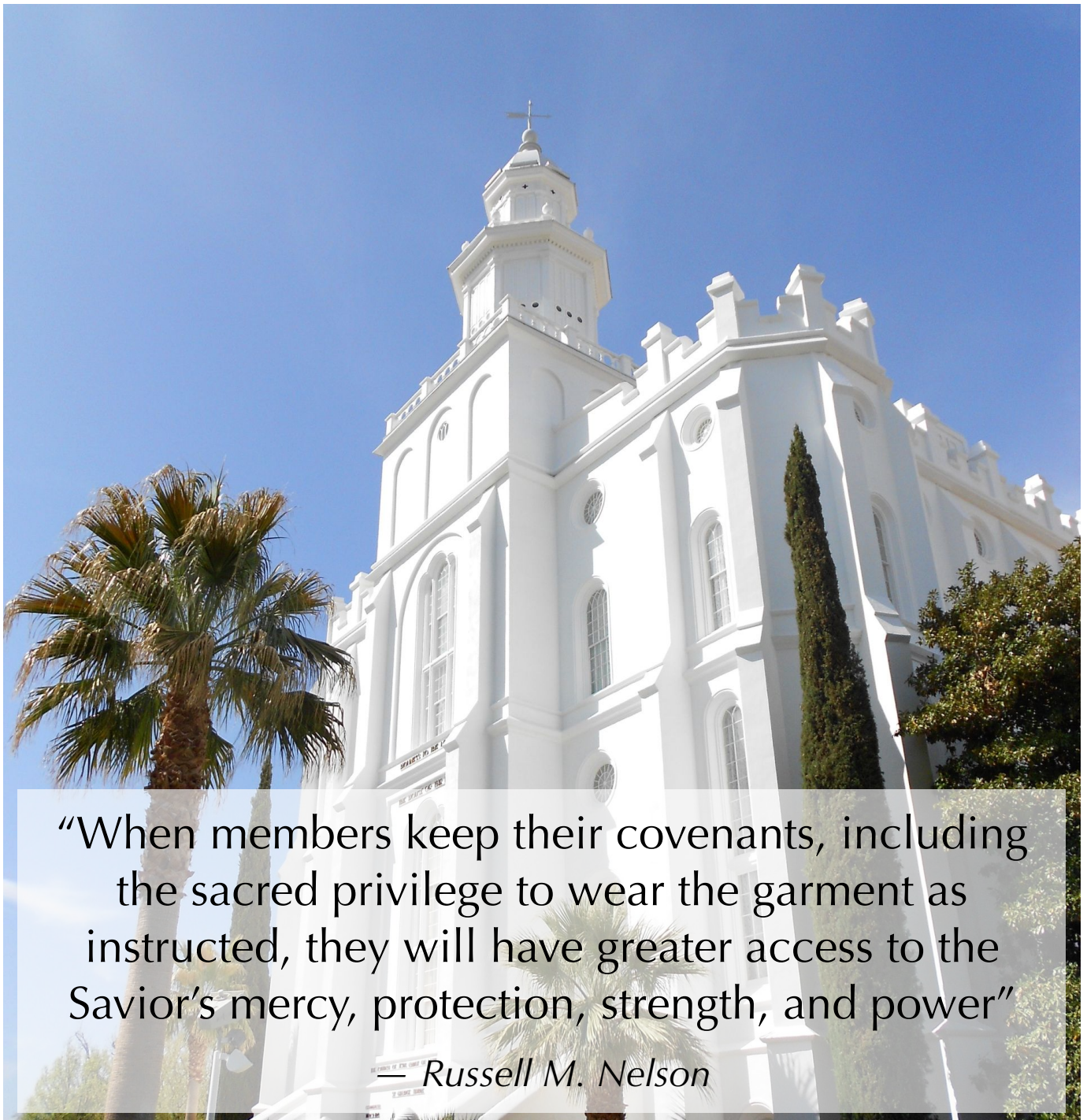
“Those who keep their covenants will have the strength to resist the constant influence of the world.”

— *Russell M. Nelson*



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## PROTECTION

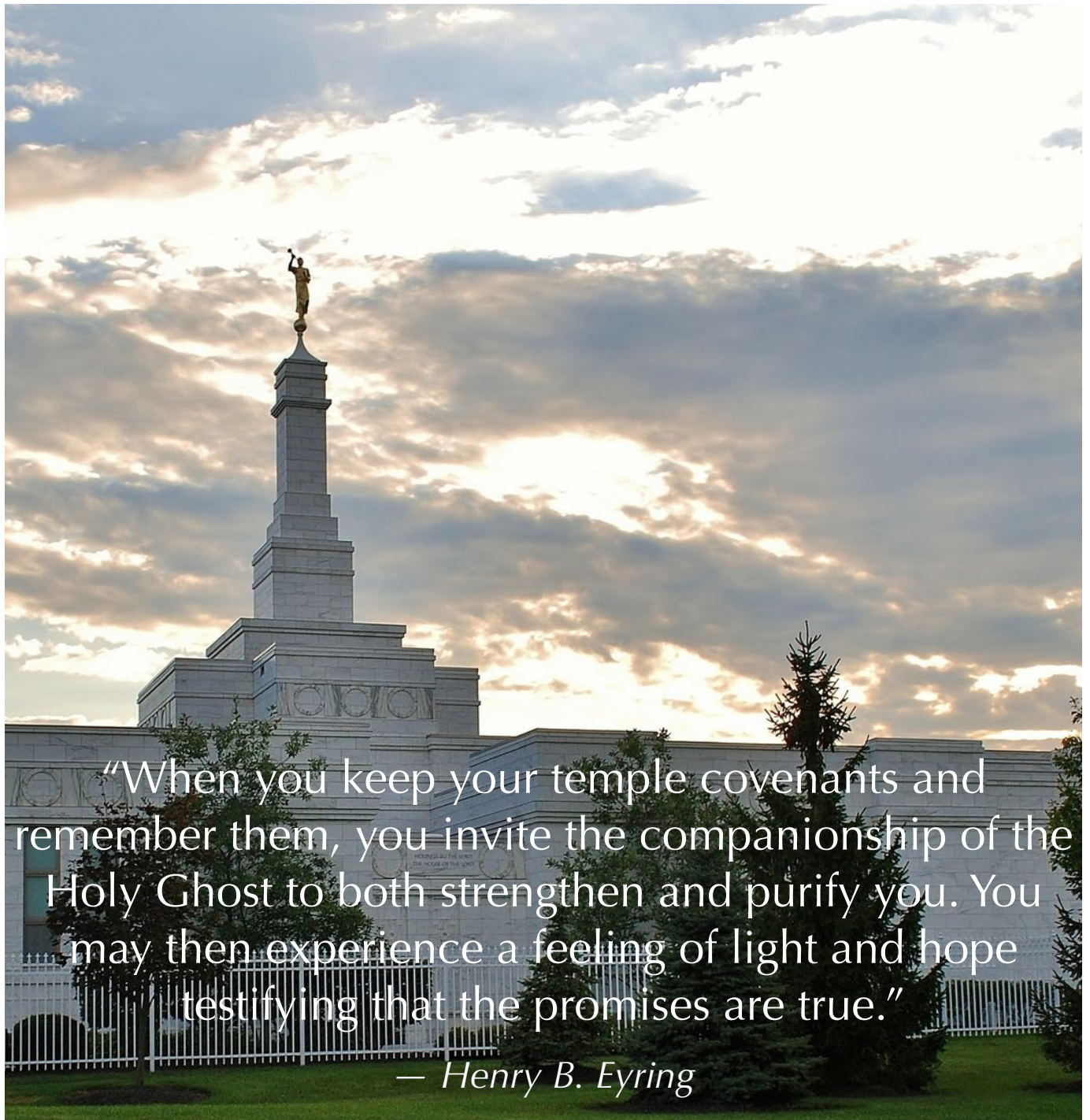


“When members keep their covenants, including the sacred privilege to wear the garment as instructed, they will have greater access to the Savior’s mercy, protection, strength, and power”

— *Russell M. Nelson*

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## PROMISE OF HOPE



“When you keep your temple covenants and remember them, you invite the companionship of the Holy Ghost to both strengthen and purify you. You may then experience a feeling of light and hope testifying that the promises are true.”

— Henry B. Eyring

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# DEEPER CONVERSION TO JESUS CHRIST



“The covenant path leads us back to Him. If we let God prevail in our lives, that covenant will lead us closer and closer to Him.”

— *Russell M. Nelson*

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## INCREASED PEACE

“As you yoke yourself to Him, your burdens will feel lighter. If you will make and keep covenants to follow Jesus Christ, you will find that the painful moments of your life are temporary.”

— *Russell M. Nelson*

